

NYC Al-Anon Intergroup
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Welcome to service as an Intergroup Representative!

We are so happy that you've decided to do service with NYC Intergroup.. Here's some information from our website to get you started.

The mission of Greater New York Al-Anon Family Intergroup, Inc., is to provide the friends and families of alcoholics in New York City with vital links to recovery.

Intergroup serves this community by:

1. Being an online and phone resource for information about Al-Anon.
2. Maintaining a volunteer-staffed a 'Hotline' to take calls to support members and newcomers in distress.
3. Maintaining an up-to-date listing of all Al-Anon & Alateen meetings in New York City.
4. Selling Al-Anon & Alateen Conference Approved literature.
5. Facilitating dialogue and public outreach.Fostering a sense of community among meetings throughout the five boroughs of New

Always within the spiritual guidelines of our Traditions & Concepts

Our Intergroup website gives a [great overview of the IR service](#). Another very useful page is even more basic: "[What is Intergroup?](#)" which talks about the different kinds of service beyond the group level. There's an explanation of IR vs GR, WSO vs Intergroup—don't worry, lots of folks don't know the difference when they start—and lays out channels of communication.

A recording of our 2021 Seminar about Service Beyond the Group Level is also available as a link at the bottom of the NEWS page..

Members who have served beyond the group level share their experience, strength, and hope about how this kind of service really boosted their recovery; it also discusses the spiritual aspect of service.

The *AL-ANON/ALATEEN SERVICE MANUAL* is [available on-line](#) for free. We suggest you get a hard copy however, which is inexpensive and much easier to use. We keep the [Service Manual](#) in stock at NYC Intergroup or you can get it directly from WSO, It's a great resource when questions arise in the group and beyond the group level.

The Intergroup Representatives (IRs) meet quarterly on the last Tuesday of January, April, July, and October. Meeting dates and times are posted on the NYC Al-Anon Intergroup website. Any IR or any member, is welcome to attend Intergroup Board Meetings, which are generally held on the second Wednesday of the month (but check the website for exact dates).

Intergroup has committees which any IR (or any member) can join. The Finance and the Share-a-Day Committees are ongoing standing committees which always welcome new members, but new committees and teams emerge as IRs come forward to participate in areas that interest them. As long as there is support from the IRs and the Board, and the project reflects our mission, Intergroup is glad to support new initiatives.. Examples are the Seminar/Workshop group (with a focus on education), the Website group (with a focus on communication). In the past Intergroup hosted a blog written by members and sponsored a sober New Years dance.

We also communicate with the Districts, to avoid duplication of effort and to support District initiatives like “Inreach” to dark meetings, and “Outreach” as part of the 12th Step. We are all in Al-Anon together. Here’s a list of committees where you might serve, if you’re interested.

- Finance (Bill, Jeanne)
- Share-a-Day (Julie, Scott, Joe)
- Website (Meret, Judith--nascent, committee forming)
- Inreach [keeping in touch with NYC Groups] (Meret, Clara, Judith, Rose, Cynthia)
- Quarterly Seminars/Workshops (Julie, Meret, Hillary)
- “My Page” (Suze)

Below is a list of Conference Approved Literature on the theme of Service, and a couple of links to information about service, which other Al-Anon groups have posted on their websites. None of it is required reading, but all of it can help inform you about the practical and spiritual aspects of doing service.

P-79 When I Got Busy, I Got Better

P-31 Sponsorship, What It's All About

P-88 Service Sponsorship: Working Smarter, Not Harder

M-78 Sponsorship-Working Together to Recover [bookmark]

B-22 How Al-Anon Works for Families and Friends of Alcoholics

[Minnesota South: Service Sponsorship Workshop 2010](#)

[Vermont “Green Mountain Sharings” 2013](#)

We are happy to answer any questions no matter how broad or how specific. Thanks for your service, and welcome. We're glad you're here.

2021 Board Officers are

Julie L (Chair) hudson.43.al@gmail.com

Meret O (Vice-Chair) meretoprogram@gmail.com

William S (Treasurer) yingand_yang@yahoo.com

Pinar G (Secretary) pinarboard@gmail.com