

# PARENT'S PERSPECTIVES ON THE FAMILY DISEASE OF ALCOHOLISM

**Saturday, September 26, 2020**

**Noon to 4pm**

**Zoom Meeting ID: 879 2181 0207**

**Password: 668884**

Dial In: 929-205-6099 and then enter Meeting ID and Password

## **Workshop Schedule**

- |          |   |
|----------|---|
| 12:00 pm | Parenting an active alcoholic                   |
| 1:00 pm  | Recovering from the Family Disease (AA Speaker) |
| 2:00 pm  | Parenting a recovering alcoholic                |
| 3:00 pm  | Alcoholism: The <i>family</i> disease           |

**In this workshop** members will share their experience, strength and hope about AI-Anon and the family disease of alcoholism, with particular focus on parent's perspectives. The impulse to protect children from pain and suffering can be strong, even once they are adults, and parents may experience particular challenges with detachment. The day will incorporate Conference Approved Literature as well as AI-Anon speakers sharing recovery from a parent's perspective, and an AA speaker sharing his or her recovery from the effects of the family disease. Detachment from the alcoholism of another can help us find serenity in our own lives, regardless of one's relationship with an alcoholic, and all members are welcome at this workshop, including newcomers.

## **NYC AI-Anon Intergroup's monthly afternoon workshop**

is a gentle immersion focused on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease.



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All are welcome to show up and share experience, strength and hope!