

Parents' Perspectives on the Family Disease of Alcoholism

Saturday, September 28th Noon to 4pm

P.S. 41, 116 West 11th Street
New York, New York 10011 (near 6th Avenue)

\$10 Suggested donation
supports Intergroup
and helps cover expenses

Workshop Schedule:

- 12:00 pm - Parenting an active alcoholic
- 1:00 pm - Recovering from the Family Disease (AA Speaker)
- 2:00 pm - Parenting a recovering alcoholic
- 3:00 pm - Alcoholism: The *family* disease.

In this workshop members will share their experience, strength and hope about Al-Anon and the family disease of alcoholism, with particular focus on parent's perspectives. The impulse to protect children from pain and suffering can be strong, even once they are adults, and parents may experience particular challenges with detachment. This day will incorporate Conference Approved Literature as well as Al-Anon speakers sharing recovery from a parent's perspective, and an AA speaker sharing his or her recovery from the effects of the family disease. Detachment from the alcoholism of another can help us find serenity in our own lives, regardless of one's relationship with an alcoholic, and all members are welcome at this workshop, including newcomers.

NYC Al-Anon Intergroup's monthly afternoon workshop is a gentle immersion focused on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease.



Parents' perspectives on the family disease of alcoholism
All are welcome to show up and share experience, strength, and hope!