

**NYC Greater Al-Anon IR Meeting Minutes  
October 26, 2021, 6:30pm**

IR Sign-in and Quorum is facilitated. Members are encouraged to put their information in the chat function of the Zoom. The meeting is not recorded but chat will be saved to obtain accurate minutes. When the minutes are accepted at the next IR Meeting, the Chat will be destroyed. [Meret's test note--but it isn't showing up in the "comments" section on the right.]

After a moment of silence the Serenity Prayer was read.  
Conference Approved Literature Reading from Courage to Change, September 7th p. 251 was read.

Motion was put for Acceptance of July 2021 IR minutes and seconded and it was voted to accept the minutes.

IRs & Board of Trustees and introduced themselves

Fred G ,Let it begin with me. Fri. 7:30 Bklyn

Michael B. / Happy Joyous and Free / Monday 7pm Brooklyn /

Harriet "How Al Anon Works" Monday/7:5-8:30/Manhattan.

Clara, SYDR, All days 730am and 730pm,

Ilene Weiss, Today's Reminder , Daily, 9:05am, Manhattan,

Carolyn C; East Side Serenity; Sunday 6 pm Manhattan

Amy C, Step into The Heights, Thursdays, 7pm,

Liz T; Serenity in the Garden (Sunday In person meeting);

Courtney Ham

Liz T; Serenity in the Garden (Sunday In person meeting); 4 PM Sunday, Manhattan;

Nate (filling in for Kelly, our current IR). Miracle on Fifth, Thursday 12:15 pm EST, Manhattan,

Kathy E, Start Your Day Right, mornings at 7:30.

Sally, IG Rep for the Westside LGBTQIA mtg. Sunday 6PM, Manhattan

Allie E - Mustard Seed Saturday 11:15am, Manhattan

Dessida, Jackson Heights Alanon, Queens, Tuesdays 8:30pm

Susan - Let it Begin with Me, Sat 10:30am manhattan

Sarah H., The Three Legacies, Monday 12:15, Manhattan

Lauren S. Healing Power of Al-Anon, Monday At 7 p.m.

Jennifer, Saturday Morning Serenity, Saturdays 10:30 am Brooklyn,

Vidya, Windsor Terrace Family Group, Tues night at 7:30

Serenity Squared in Park Slope, Saturday morning 9:45am

Reports were given as follows

1) Robert gave the Website Committee's report. The web site will be an image driven page. On the main page there will be four carousels. There will be 4 or 5 navigation buttons. Underneath there will be news events, meetings and donate options. On the very top there will be a black bar with the latest announcements. Also there will be a "Pop Up" for the Share Day. There will be "Ask Questions" button on the bottom and quick links for things that people will want to have quick access to. Alateen will have its own page. Lauren gave some suggestions around the images used and the terminology utilized. The committee will take suggestions once they are further in the process. Members can send images and suggestions to the committee. The committee goal is get it up and running and continue work on it in phase two when the corrections will be made.

2) Bill gave the Financial Report: The following is Profit & Loss Statement for the three quarter year period (July – September), comparing year's 2021/2020. Gross Profit in 2021 was \$102,117 which compares nicely to the Gross Profit amount of \$72,810 in 2020, a 40% increase. The primary reasons for the increase were contributions increasing from \$88,999 in 2021 from \$62,571 in 2020, a 42% increase. Event revenue (share-a-day) increased to \$9,988 from \$5,323 in 2020, an 88% increase. Literature income decreased to \$13,980 in 2021 from \$16,538 2020, a 16% decrease. This was partially offset with a 7% reduction of Costs of Goods Sold. However, the selling of literature was still profitable with income of \$13,980 exceeding costs of goods sold in the amount of \$10,867. Total expenses increased by 14%, \$8,270 due to office expenses increasing. Several reasons were a pay raise and bonus to the Office Manager, sanitizing the office space more frequently and updating and modernizing the website. Net Income as of September 30, 2021 was \$33,048, which compares quite favorably to the gain of \$12,232 in 2020 for the same comparable period, a 170% increase.

As of October 9, 2021 there is \$43,066 in available cash in our checking account. The Intergroup Representatives approved \$3,000 donations each to our service arms, Southern Assembly and World Service Organization. Both checks have been cashed. The Board approved a pay raise and \$1,500 bonus to the office manager earlier in the year. Even with these expenditures we are still cash flow positive for the year. We ended 2020 with \$36,787 in cash. We continue to pay our bills in a timely manner. The Savings Account which was funded by former members leaving bequests to the fellowship shows \$68,475 in assets which includes \$21,000 the full 3 ½ months of Prudent Reserve, \$23,479 is targeted for Public Outreach and the remaining \$23,996 is undesignated at this time.

3) Meret gave the Office Administration Report:

Donations by mail are still coming in but steadily declining. Still receiving donations via Venmo and Pay Pal. Deposits into bank account weekly.

Meetings: Four groups have inquired about meeting insurance certificates this week: Manhattan: The Power of Al-Anon (Cathedral High), Un Nuevo Comienzo-Hijos Adultos & Solo Por Hoy (St Francis of Assisi). Staten Island: Wednesday Al-Anon Serenity (Castleton Moravian Church).

Current Website: The website is up to date with flyers and workshops.

Literature: All orders have been shipped. There are options to pickup in store or ship to an address. Still shipping orders under \$10 free. WSO has been out of ODAT for a while now and they don't know when they will be back in stock. Customer Service suggested we sell the 50<sup>th</sup> Edition as a replacement. The book is normally an extra \$5 the regular ODAT price. WSO will sell them to us at the cost of the regular ODAT and so we will sell them at \$13 (instead of \$18). They are shipping me a case of 24 this week.

Bills: All bills are up to date and the data entered for accounting. The quarterly insurance payments have been made. Upcoming bills include GoDaddy renewal (company that hosts domain name and email addresses).

We moved on to Old Business Proposed dates for IR meetings 2022 as follows  
January 25, 2022 / April 26, 2022 / June 28, 2022 / October 25, 2022 from 6:30 to 8pm.

Meret announced that she would not be taking on the chair position when Julie steps down on January 25<sup>th</sup>, as she does not live in the New York area. She also added that we need new members for the Board.

New Business is discussed and Julie posted the Annual Appeal Letter and asked everyone to read it.

The second topic is the role of literature sales for NYC Intergroup that is a big job, necessitates having an office and takes a lot of time. Julie would like to ask how the members are feeling about the literature. We made some money from literature but the money went to the promotion-shipping rate, which was a big promotion we kept up for a long time. Meret posted on the chat to help with shipping please kindly email [info@nycalanon.org](mailto:info@nycalanon.org)

7th Tradition Break was given and the information for the donation is shared on the screen.

Sharon asked about the new business around the literature and she stated that the literature is in the core of the meetings, NYC is the intergroup office for 5 boroughs and getting it from the office is the core.

Sal suggested that she could create a poll if Julie can put together a clear question. Meret stated that the Board would focus on it more and get back to the IR's

7:35. We moved on to the Breakout Rooms *Discussion Topic is "Using Al-Anon service for personal recovery"*

Breakout Room Discussion Topics and Questions are as follows and posted on the chat as well.

1. How has service impacted your Al-Anon recovery?
2. What challenges does your group face in service?
3. Does your group allow members not based in New York City to fill service positions?
4. ?

Each room is asked to have a secretary to report to back everyone has 12 minutes to discuss on the questions.

IR's came back from the break out rooms at 747, each spokesperson raises their hands

Group 1 Eileen reported many of us identified that the service kept us coming back, more than one person noted that because of the built in consistency of the participation it increases attendance and creates connection with the group. The challenges are some of us have no problem the rotation is happening, one person reported that in a huge meeting where there are so many people. Everyone said yes to the last question

Group 2 Sal reported that they did not see the questions but Jennifer remembered two and they focused on that. Service help them stay engaged, consistent, show up, opportunity to practice program and stay right sized. Yes to let people from other boroughs do service.

Group 3 Amy spoke and everyone agreed service is great, putting recovery on steroid; there is different ways to do service, helpful to do service to stay grounded. The rotation is not always possible some member had to step up for more than one position. How to get the training information out is a challenge

Group 4 Kathy reported that service makes you feel more part of Alanon, one member was from LA and expressed loving being able to go to meeting all over, service helps get a better understanding of traditions and principles.

Rotation of service sometimes same people rotate but sometimes there is a long silence and it is okay. They are fine with out of town members doing service

Julie brought up the Alateen meetings; Meret stated that we have more Alateen meetings for the whole area. Meret stated that the training for the next Alateen is not known yet but as soon we find out it will be announced.

We moved on to the announcements section:

Meret posted the key dates for Alanon calendar and Julie discussed them each and asked everyone to note these dates. Julie thanked all the tech support volunteers. She also announced the email address as [board@nycalanon.org](mailto:board@nycalanon.org) and encouraged members to check the Alanon related announcements.

The dates are as follows:

- Share A Day: October 30, 2021
- Intergroup Board Meeting: November 10, 2021
- Intergroup Representatives (IR) Meeting: January 25, 2022
- All meetings remain via Zoom through January 2022

Meret also stated that everyone is welcome to come to a Board meeting and announced that the board welcomes visitors.

Lauren asked about if Share Day will continue on Zoom and Julie said they are enjoying the virtual platform and reaching to more people.

The meeting was closed with the Serenity prayer.