

Alateen Meetings

in Greater NYC

www.nycalanon.org

-Young people who live or have lived with the disease of alcoholism find understanding and support at Alateen meetings.

Manhattan- Hope for Today Alateen Tuesday 6:30 pm Trinity Lutheran Church 164 W. 100th St., Down stairwell, Ring bell the for entry

Manhattan- Saturday in Serenity Saturday 3:00 pm St. Michael's Church 225 W. 99th St. – between Amsterdam & Broadway

Brooklyn- Hope in the Slope Monday 7 pm St. John St. Matthew Emmanuel Church - 283 Prospect Ave. between 5th & 6th. -- side door

Staten Island- Free to Be Me Wednesday 7 pm -- 2329 Victory Blvd., All Saints Episcopal Church

Yonkers- Lincoln Park AFG Alateen Thursday 7:00 pm- St. Paul the Apostle-602 McLean Ave. (enter on Lee Ave)

Every Alateen Group has 2 adults, certified members of Al-Anon serving to help Alateen meetings be a safe place.

How Can I Help My Children? Bring them to an AA or Al-Anon Meeting!

What is Alateen?

Alateen is a place where young people come together to:

- share experiences, strength, and hope with each other to find effective ways to cope with their problems.
- discuss difficulties and encourage one another
- help each other understand the principles of the Al-Anon program through the use of the Twelve Steps and Alateen's Twelve Traditions

Alateen is *not* a place:

- For teenagers seeking help for drinking or drug problems or a therapy program
- to complain about parents or anyone else – we learn to strengthen ourselves.
- A social hangout.

When Alateen Group Sponsors are not available, as always Alateens are welcome in Al-Anon meetings