

# Many Voices, Backgrounds & Cultures Together in Al-Anon

**Saturday, July 29th - Noon to 4pm**

**Zoom Meeting ID: 897 1551 8773 - Password: 069726**

Dial by your location +1 929 205 6099 US (New York)

NYC Al-Anon Intergroup's monthly afternoon workshop focuses on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease.

Newcomers are welcome.

- 12pm: Taking What I Like and Leaving the Rest
- 1pm: Finding a Home Group and Trust
- 2pm: Belonging in the Fellowship
- 3pm: The Three Legacies and My Culture

