

Surrender Sanity Serenity

Saturday, June 29

noon to 4pm (New York Time)

Zoom ID 897 1551 8773

Password 069726

Dial by your location: +1 929 205 6099 US (New York)

NYC Al-Anon Intergroup's monthly afternoon workshop focuses on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease.

Newcomers are welcome.

12pm Letting go of forcing solutions

1pm Connecting to a spiritual solution

2pm Experiencing contentment (and even happiness)

3pm Letting understanding, love and peace grow in us

All are welcome to share experience, strength and hope!

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