

NYC Intergroup presents our monthly Al-Anon Workshop

Accepting Reality One Day at a Time

Saturday, March 23rd

Noon to 4pm (New York Time)

ZOOM Meeting ID: 897 1551 8773

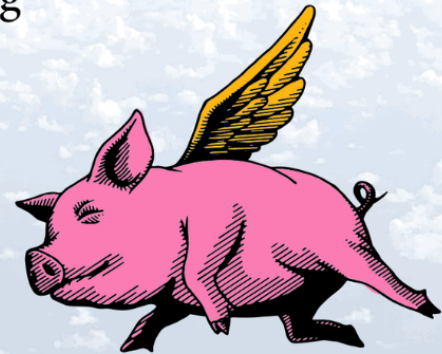
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NYC Al-Anon Intergroup's monthly afternoon workshop focuses on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease.



PROGRAM SCHEDULE

- 12pm Releasing denial
- 1pm Hope, not magical thinking
- 2pm Life on life's terms
- 3pm The present moment

All are welcome to share experience, strength and hope!

\$5 suggested donation goes to Intergroup & expenses.

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