

MANHATTAN

SUNDAY

- 9:00 a.m. [5 W. 63rd St at West Side YMCA](#)
1st floor. Fireside lounge. Wheelchair accessible.
- 11:45 a.m. [283 Lexington Ave at Soldiers', Sailors', Marines' and Airmen's Club](#), 2nd floor
- 7:15 pm [5 W. 63rd St at West Side YMCA](#)

MONDAY

- 7:30 a.m. Early Morning: Start Your Day Right in Al-Anon
[5 W. 63rd St at West Side YMCA](#)
- 12:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 1:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 5:30 pm The Village
[155 Bank St at Westbeth Community Center](#)
Enter through the courtyard on the right side of Bank heading West. Meeting is through the courtyard on the left side. Wheelchair accessible.
- 6:30 pm Women of Courage
[178 Bennett Ave at Cornerstone Center](#)
2nd floor. Lorentz Library.
- 7:00 pm The Healing Power of Al-Anon
[244 E. 58th St at Caron Foundation](#)
Wheelchair accessible. All welcome.

TUESDAY

- 7:30 a.m. Early Morning: Start Your Day Right in Al-Anon
[5 W. 63rd St at West Side YMCA](#)
- 7:30 a.m. Step into Recovery
[283 Lexington Ave at Soldiers', Sailors', Marines' and Airmen's Club](#), 2nd floor
- 12:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 12:30 pm Courage to Change
[113 W. 60th St at Fordham U. Lincoln Center Campus](#)
Check at front desk for room number.
- 1:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 1:00 pm Women Share
[283 Lexington Ave at Soldiers', Sailors', Marines' and Airmen's Club](#), 2nd floor
- 5:45 pm Midtown Beginner's Share
[4 W. 43rd St at Intergroup Office](#)
Suite 308. Wheelchair accessible.

WEDNESDAY

- 7:30 a.m. Early Morning: Start Your Day Right in Al-Anon
[5 W. 63rd St at West Side YMCA](#)
- 1:00 pm Women Share
[283 Lexington Ave at Soldiers', Sailors', Marines' and Airmen's Club](#), 2nd floor
- 4:30 pm Bryant Park Beginners Step
[4 W. 43rd St at Intergroup Office](#)
Suite 308. Wheelchair accessible.
NOTE: No meeting on August 8.

THURSDAY

- 7:30 a.m. Early Morning: Start Your Day Right in Al-Anon
[5 W. 63rd St at West Side YMCA](#)
- 12:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 1:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 6:30 pm A Women's Circle
[145 W. 28th St at The Actors Theatre Workshop](#)
3rd floor. Childcare available.

FRIDAY

- 7:30 a.m. Early Morning: Start Your Day Right in Al-Anon
[5 W. 63rd St at West Side YMCA](#)
- 7:30 a.m. Sail Into Serenity
[283 Lexington Ave at Soldiers', Sailors', Marines' and Airmen's Club](#), 2nd floor
- 12:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 1:00 pm Waterside
[40 Exchange Pl at TRS, Inc. Professional Space](#)
3rd floor. ID required to enter the building.
- 1:00 pm Women's Share
[283 Lexington Ave at Soldiers', Sailors', Marines' and Airmen's Club](#), 2nd floor

7:00 pm Winner's Circle

[20 Washington Square N at Greenwich House Senior Center](#)

Ground level. Wheelchair accessible.

SATURDAY

8:00 a.m. Early Morning: Start Your Day Right in Al-Anon
[5 W. 63rd St at West Side YMCA](#)

10:30 a.m. Women in Spirituality
[331 E. 12th St at Education Alliance Center](#)
2nd floor dining room.

12:30 p.m.
[331 E. 12th St at Education Alliance Center](#)
2nd floor dining room.